

Introduction



*Would you like a safe, natural way to heal your body and mind?
Now you can experience the healing energies used by the Pharaohs to promote
personal power and vitality.*

Hidden knowledge revealed

For 3,000 years statues of the Pharaohs depicted them holding two rods. Only the Pharaohs and their High Priests were ever allowed to touch what we now know are healing devices. When the Egyptian dynasties ended, knowledge of the purpose and use of the rods was known only to a few secret mystical societies who kept their existence hidden until a European nobleman revealed them to the world.

Now, for the first time, the authentic Egyptian Healing Rods are available in North America.

The Rods have been used to help reduce the symptoms of

- Insomnia
- Stress
- Fatigue
- High Blood Pressure
- Arteriosclerosis
- High Blood Pressure
- Gastric Distress
- Cancer Tumors ... and many other illnesses

Increase your energy & reduce stress

All of us are exposed to negative energy every day. These harmful influences can come from the attitudes of people we encounter, world events, environmental pollution and the stress of everyday living. Daily exposure to these negative influences can simply wear you down and leave you open to fatigue, depression, anger and disease. The Egyptian Healing Rods can restore your energy and reduce the

harmful effects of stress and negative energy by helping to return your body to its natural balance. THE RODS CAN HELP YOU TO FEEL MORE CALM AND CENTERED. With your mind clear, you will find it easier to focus and accomplish more with less stress. If you work as a healer, counselor or body worker, you know how working closely with many people each day can deplete you. Using the healing rods between sessions can restore your energy and clear your mind so that you can give each client or patient your best.

Enhance Inner Development

Whether you are an experienced mediator or simply want to advance your psychic development, THE EGYPTIAN HEALING RODS HAVE A PROFOUND EFFECT ON INNER LEVELS.

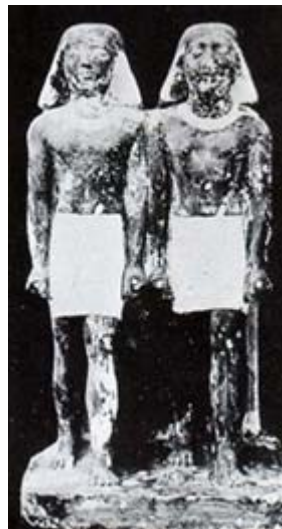
Numerous studies suggest that the rods can:

- Open All Chakras*
- Strengthen the Bio-Field*
- Increase Psychic Abilities*
- Expand Energy Awareness*
- Balance Yin/Yang Energies*
- Enhance Meditation Practice*
- Harmonize Energies Between Couples*

The Pharaohs used the rods as part of their spiritual development, to attune themselves to Cosmic Forces. If you've been searching for a way to take the next step on your Spiritual Journey, THE RODS CAN MAKE YOUR MEDITATION MORE PROFOUND AND OPEN INNER CHANNELS TO HELP YOU CONNECT WITH HIGHER LEVELS.

Healing Relationships

The rods can be used to harmonize the energy levels between couples, thus promoting mutual acceptance and deeper intimacy.



Scientific Studies

As we stated before, the reason that the rods have such a profound impact on disease is that they improve the energy flow in the body. In Russia, where the rods are made, medical doctors, physicists and astro-psychologists have conducted numerous scientific tests on them. They observed that, when holding the rods, an electrical current moves through the body. Kirlian photography, which shows the energy flow in the body, reveals that SEVEN MINUTES OF HOLDING THE RODS HAS THE SAME EFFECT AS 30 MINUTES OF ACUPUNCTURE. This current has been shown to follow the meridians used in acupuncture. THE RODS "CLEANSE" THE MERIDIAN SYSTEM WHICH ALLOWS ENERGY TO MOVE MORE FREELY THROUGH THE BODY.

It is important to understand that the rods do not heal directly. Instead they balance the body and strengthen the immune response system SO THE BODY CAN HEAL ITSELF.

The Secrets of the Rods

Egyptian Pharaohs understood the energy flow in the body and the importance of balancing the Yin and Yang (Female and Male energies). In order to enhance the effectiveness of the rods, a different type was made for each hand. This same principle is used to create today's scientifically-engineered healing rods. A copper rod (signifying the Sun and Masculine Energy) was created to use in the right hand. A zinc rod (signifying the Moon and Feminine Energy) was developed for the left hand. When held properly, the rods create an electrical conduit that both increases energy flow and improves the functioning of the central nervous system. Different materials are inserted into the rods, depending upon the intended effect, such as physical healing or spiritual development. That is why we offer four types of rods, each designed to help you achieve specific goals.

How to Choose the Rods



Pharaoh's Healing Rods come in four basic styles:

Rods-Kont prepare the energy system for expansion. They stimulate the body's natural healing response. Rods-Kont will lower blood pressure, help one relax and will reduce insomnia symptoms. Rods-Kont are generally described by customers as Relaxing and Grounding.

Rods-Quartz also prepare the energy system for expansion, however their crystalline filling operates at a different frequency. They stimulate a healing response in the body and enhance meditation practice. Customers describe the Rods-Quartz as soothing and centering. They are the most universally appropriate selection for individuals who wish to expand their energy field. Holding the Rods-Quartz for 7 - 12 minutes balances the Chi and offers a response very similar to a 30 minute acupuncture session.

Rods-Crystal are energizing and stimulate mental and psychic energies. It is recommended that one be an experienced "Energy Worker" before using the Rods-Crystal. They also expand the Bio-Field and open all chakras, however, they do this far more quickly than the Kont or Quartz Rods. This could be uncomfortable if one who is aged or infirm. Rods-Crystal are very useful for meditation and psychic development.

Rods-Free are designed to rapidly correct Yin and Yang imbalances. In Chinese medicine a number of symptoms suggest an imbalance in one of these essential energy flows. The Rods-Free are only sold through a qualified health practitioner.

Unsolicited praise for the Egyptian Healing Rods:

“Five minutes with the Rods was like spending an entire weekend in silent retreat! Wow!” -R.C., IBM Engineer

“I quickly feel revitalized after a stressful day of work. Thank you!” - J.L., Business Owner

“I am using the Rods with clients. They seem to obtain clarity far more quickly than when we just talk about their challenges” - T. L., career coach

“I LOVE the Rods. My meditation was a Joy! I am sleeping better. The world needs these Rods. Thank you!” -M. M., Author

“I’m so happy. Holding these rods has lifted me out of a month long depression. I’m much more calm, centered, and my breathing is deep and rhythmic.” – S.C., retired senior.

“Wow. I saw myself standing by a pyramid in Egypt. Then I saw an Egyptian man who also saw me. We were actually looking at each other. Then I saw this small purple light with a golden glow around the edges and radiant sparks flashing inside.” - T.G., plant manager.

“I just felt like I was flying through the clouds. I felt weightless the whole time. Reminded me of a reoccurring dream I’ve had since I was a child where I have these superpowers.” – Ray, security guard.

“Lots of energy flowing from my feet up through my body to the top of my head. Saw lots of light, different colors—strong reds, yellow, greens. Wow.” – Dian, animal therapist.

“These are amazing. The first time I held them I immediately felt like my body was a rocket ship about to take off. The energy rising up through my body felt like it was going to explode out the top of my head. During the next 7 minutes, I felt totally peaceful and at one with all life. Then, during the last minute of holding them, I felt another amazing rush of energy, this time flowing down, as if I was going to be planted deep in the Earth. Now I feel an amazing inner power and strength whenever I hold them along with an awareness of myself and all I see and hear as unique manifestations of the same consciousness. – Timothy Stuetz



The Rods Kont



In 1995 we began manufacturing of the cylindrical rods under the trade mark "*Cylinders of Pharaoh*". Initial sizes were: 150 mm length, 28 mm diameter. Fillings were a powder-like coal and ferromagnetic material. In 1999 the rods of red-hot coal and magnetized red-hot iron were produced according to the manuscript of Count Walewski. Honoring the traditions of Ancient Egypt, Count Walewski and our contemporaries, the improved Cylinders of Pharaoh were renamed the Rods-KONT.

The Rods-KONT are cylinders with sizes produced according to the *Golden Section*. The Rods' fillings are made of red-hot coal and red-hot magnetized iron and the Rods are processed within the Pyramid.



The Rods-KONT harmonize the energy-information field of a person and create a protective cocoon. The duration of the Rod's influence can last for 1-1/2 to 2 days.

The effect of the Rods-KONT is strong and forceful, an impulse capable of shifting an established problem. Those suffering from low blood pressure should use these only with extreme caution. Their lower blood pressure coupled with low atmospheric pressure may lead to a circulatory collapse with all the consequences. On the other hand, for those with high blood-pressure, the Rods-KONT may be an invaluable aid.

When selecting the Rods, remember about the necessity of your blood pressure control. The Rods-KONT, filled with coal and ferromagnetic fillings, lower the blood pressure. Here it is important to understand that they lower the pressure to the level defined by the genetics of the organism itself. Thus, thinking about the current blood pressure, you ought not to consult only with the scale of a measuring device. Some devices may show the current level of the blood pressure much lower, than some conventional standard. But if a person has had the low blood pressure (according the data, given by measuring device) since his very childhood that means, that perhaps, his organism has adapted to it, and the current blood pressure has become usual for the person.

The same words can be said about those, having high blood pressure (according to the scale). So, one should be guided by the fact whereto the problematic change is happening. E.g., if you have had low blood pressure for all your life, but it grows higher during overfalls, that means that your

blood pressure is susceptible to high, but not to low. In such a case you should start to use the cylinders with the rods of coal and ferromagnetic material (Rods-KONT).

If your blood pressure is high, according to the scale of the device, but it grows lower, during overfalls, than your blood pressure is susceptible to low. In this case (if it is hard for you to overcome the sudden changes of the blood pressure) you should start to use the cylinders with the quartz filling. They promote getting the blood pressure higher to the norm, defined by the genetics of your organism.

If you have no problems with the blood pressure, you may use both types of the Rods without any hesitations.

The Rods-KONT will always promote a deeper sleep, having a positive effect on the nervous system.

Those people suffering from diabetes should note that during the use of the Rods-KONT sudden changes of the lactose level (about 2 or 3 units) can occur. Those susceptible to lactose coma and elderly people must take this fact into consideration. Continuing work with the Rods will promote stabilization of the lactose level.

The Rods-KONT act as a catalyst and activator for latent healing capacities of a person.

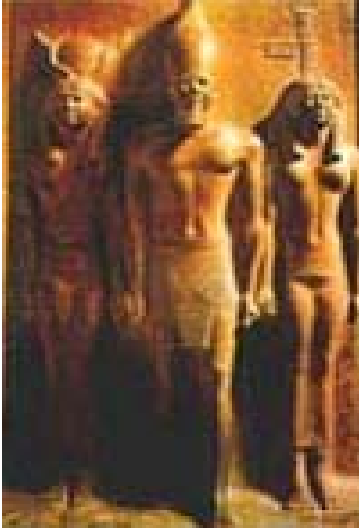
The Rods-KONT work with your nervous (mental) force, with "vital force".



The Rods-QUARTZ provide a more gentle effect and the energetic shield generated by them is more stable. When working with the Rods-QUARTZ for one week, the improvement in the energetic shield will be maintained for three weeks. They are very good for guarding against cardio-vascular diseases, nervous depressions and many other illnesses, but may prove inadequate against such conditions in the acute phase.

The Rods-QUARTZ powerfully suppresses stress. Please note: If you take the Rods-QUARTZ in your hands late at night, when you want to fall asleep, you may experience the feeling of cheerfulness. The Rods-QUARTZ, affecting the CNS positively, stimulates your activity. This effect causes a blood pressure stabilization of the people who suffer from hypotonia (low blood pressure).

The Rods-QUARTZ are manufactured in three types:



The Rods-QUARTZ(1) - the most mild effect. Can be recommended for elderly, weak people, as well as for pupils for better attention concentration.

The Rods-QUARTZ(2) - the most universal remedy. Their effect increases gradually, without sudden changes. The effects can therefore be easily controlled.

The Rods-QUARTZ(3) - are of a more intense effect, and thus can be less pleasant for many people.

Here's a comparison: with the Rods-QUARTZ(2) you can imagine yourself riding a bicycle along an even road, having rest and training at the same time. With the Rods-QUARTZ(3) you are riding the same bike but uphill. Your muscles are

strained, your breath is intensive, and your heart beats rapidly. Are you ready to start, or will you wait for about a year?

It is also worth mentioning a method of working with the Rods-QUARTZ, suggested by Polish bio-energetic doctor, Marek Stavisky:

"One zinc Rod-QUARTZ can be successfully used by ill people for self immune therapy. Holding the Rods for 8-15 minutes duration has caused a slow increasing of vital powers, immunity increasing up to 100% and regulating of the energy in "chakras"... The energy during the first time of holding the Rod has been keeping the organism of those people in homeostage for 2-3 days. Holding the Rod for 1-2 min is enough to maintain the same level of the energy after 48 hours after it has been used"

Please consider the observations of Moscow Astro-Psychologists, Irina and Michael Kosh regarding positive manifestation:

"...If to take into consideration the terminology of a modern sensorics and to speak about mind forms (the images, created by ones mind, filled with emotional sense), we can note, that it is the Rods-QUARTZ, that strengthen the psychical abilities of a person so powerfully, that even a person without a special training is able to materialize the objects of his mental efforts in pretty short periods of time. For example, we have watched for so called "bringing into life" of desires, using the Rods (QUARTZ) for a week. However, as a rule, one should count on the results of the materialization during one lunar month. Moreover, a ritual, i.e. selecting the time and the particular conditions of a session with the Rods, is of great importance."

Why do we mention that the Rods-Crystal put the energy of pyramids in your hands?

Why do we mention that the Rods-Crystal are concentrators of energy?

It is the special property of quartz crystal to remember for a long time the configuration of structural communications formed at the moment of high-energy influence. The quartz crystal can remember no more information than it has edges. If there are new factors then the old information simply disappears. But no external force is capable of actually changing the crystal quartz.

The memory properties can be made more active by acting directionally on the crystal quartz by one of kind of energy (it can be thermal energy, light, electrical, magnetic field, including the thin energies, active torsion fields.)

Thin energies and active torsion fields are present in a highly concentrated form in a Pyramid. This can be seen on radar. The irradiation of the quartz crystal in a pyramid imprints it with torsion fields. The quartz crystal is then able to replicate them when in contact with similar (only weaker) torsion fields generated by the human brain. There is a resonance effect which then multiplies the strength of the person's bio-field.

The monocrystal in the Rods-CRYSTAL act more powerfully, in a more direct manner. The sand and quartzites in Rods-QUARTZ create the soft effect of "presence" in a pyramid, that helps a person recover his own protective field. This protective field helps prevent another's energy from affecting a person's vital processes.

Again, as the Rods are sealed metal they should provide you a lifetime of benefit.

The Rods Crystal

In Ancient Egypt the fillings of the rods were different sized quartz crystal. Those sizes depended on the desired effects on the health and energetic system of the person working with The Rods. Initially, fine-grained quartz (special white sand) was used. The cylinders filled with white sand positively affect a person's energetic streams by activating them. Later, middle and coarse-grained quartz was used to achieve higher level of abilities. This type of Rods is called QUARTZ.

The next type of The Rods contained quartz mono-crystals. These were made for Priests, masters of healing. These cylinders created a powerful energetic shield around a man which could influence a patient, harmonizing his energetic streams, being an executor and transmitter of the signal from master's mind at the same time. This type of the cylinders was named The Rods-CRYSTAL.



The Rods-QUARTZ and Rods-CRYSTAL promote health, effecting an increase in energy. But we also see the Rods-QUARTZ and Rods-CRYSTAL as mental technology as used by Ancient Egyptian Priests. The

Priests used Rods during a 22-year training for "joining the future". It is recorded that the Priest held the Rods-QUARTZ and Rods-CRYSTAL for 5 minutes or more, until one o'clock. And at this precise moment he "constructed the future" through a process of visualization.



The liberation of mental energy is a most important process when working with Rods. This MENTAL ENERGY acts on sensory channels. This allows the person to not only feel his/her desire, but also to actually enjoy an odor, vision and sound of the desired FUTURE. The images appear in all diversity of colors and are retained by consciousness as long as this desire is pleasant to the person. This amplification of energy and desire helps to manifest the desired future.

You may experience a mild pricking sensation and an exotic feeling of "expansion" in the field of possibilities when first working with the Rods. In some there is sensation of "pulsating" fontanel as the energy grows in the 6th and 7th chakras. The Egyptian Rods are the amplifier of mental energy, which one allows making the future a reality. The Rods-CRYSTAL can be used with practical results by a highly qualified specialist of bio-energy.

The Rods-CRYSTAL* are very good for group work under a supervision of a specialist.

Note 1: methods of working with these types of the Rods are usually developed by the specialists of bio-energy themselves.

Note 2: when using the Rods-CRYSTAL for work in groups it is recommended to form a chain (Man-Woman), holding each other's hands. A man should be the first in this chain, holding a copper Rod in his right hand. A woman should end the chain, holding a zinc Rod in her left hand.



THERE ARE TWO HIGHER FREQUENCY SETS OF EGYPTIAN CRYSTAL HEALING RODS:

The Rods of Connectivity

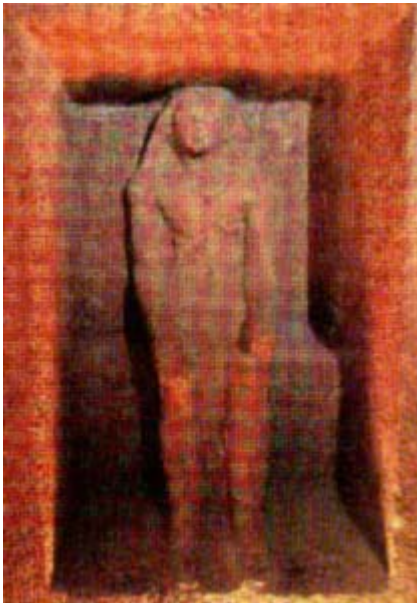
These rods are primarily designed for Healing Practitioners. Practitioners enjoy how this set of Rods takes them to the Halls of Higher Consciousness and energy access. They can also be used as "healing lasers" by connecting and magnifying the practitioner's energy to the healing source of the divine.

The Rods of Star Consciousness

The newest release—the most potent energy tool available today! Instantly elevates you into higher dimensions! They will connect you with your past lives and multi-dimensional energy. This set of Rods assists you with moving through dimensions quickly and effortlessly and is best suited for experienced energy workers. They are also ideal for Healing Circle events and groups.



In April, 2001 we began the production of a new type of the Rods named Rods-FREE. The problems of YIN-YAN imbalance appear frequently. Some people have an excess of YIN (feminine source energy) while some possess an excess of YAN (masculine source energy). For example, a man with an excess of YIN can face the problem of metabolism disorder or decreasing of sexual activity, and other unpleasant symptoms.

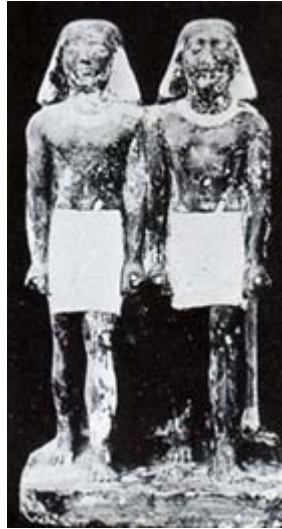


In the event of energetic disharmony, with the BA or Yin clearly dominant, the Ancient Egyptians used only the copper Yang cylinder held in the right hand to restore balance and harmony (as depicted by this sculpture). The man represented here evidently has problems resulting from an unbalancing excess of Yin energy (the female principle). In males, this can lead to metabolic disorders, reduced sexual activity and a variety of other fairly serious disorders.

For proper harmonization it is better to use both cylinders at the same time, but the Yang one should be larger than the Yin one, making it possible to bring the Yang up to the necessary level. Subsequent use of identical cylinders makes it possible to harmonize the two flows of energy.

If someone has an excess of YAN, rather common for women, it may lead to the particular hormonal disorders.

To cope up with that misbalance one can use the Rods-FREE. They represent Zinc and Copper Rods only 90 mm long (small Rods) with a filling. One of those Rods is used as an addition to a set of the Rods-QUARTZ or CRYSTAL. The use of a larger Yin and a smaller Yan cylinders produces balance, after which identically sized cylinders should be used for subsequent harmonization.



Method of Use:

- If a person needs to increase a YIN energy flow (e.g., if a woman has an excess of masculine hormones and sharp domination of YAN is observed), a small Copper Rod-FREE should be held in the right hand, and the left hand should hold an ordinary Zinc Rod-QUARTZ (or CRYSTAL).
- If a person needs to increase a YAN energy flow (e.g., if a man has an excess of feminine hormones and sharp domination of YIN is observed), an ordinary Copper Rod-QUARTZ (or CRYSTAL) should be held in the right hand, and the left hand should hold a small Zinc Rod-FREE.

Time limits for working: One should work with the Rods under the control of a specialist, who will determine the level of misbalance and set the time limits for working with the Rods, as appropriate.

During a period of time from the 18th of December, 2000 till the 28th of March, 2001 some employees of International Shaping Federation (ISF) were investigating the use of the Rods-FREE. In the investigation 5 groups of nearly healthy volunteers, were formed under the control of ISF doctor. According to a plan of investigation the 1st group was working with Magnetic Rods, 2nd - with Quartz Rods, 3d - with YAN-Rod (small copper), 4th - with YIN-Rod (small Zinc), and the 5th group wasn't working with any kinds of the Rods at all, being, the control group. As a result of investigation, these facts were discovered: Each of the Rods influenced the bio-field with increases of up to 0,4-0,7 m observed. The efficiency of chakras' functioning increased up to 21 - 26% Defects of bio-field disappeared, that affects positively on its vector ??, and powerful increasing of stress protection was observed, especially in the case of YANG-Rods.

In some cases the YAN-Rods can be used for increasing the efficiency of immune system functioning. They can also be used for effective relaxation, quick liquidation of stress consequences.

Let your intuition guide you as which Healing Rod set feels appropriate. Please feel free to phone us so that we may assist you in making your selection. Tel: (714) 846-6464.

Mechanism of Influence

The mechanism by which the cylinders act on the human organism is fairly complicated. We shall therefore try to explain in more basic terms that nonetheless convey the main idea of the process. Those seeking knowledge are familiar with the concept of energy shells that, according to an Eastern tradition, make up the energy structure of the human being. We know about the existence of the ethereal body, the astral body, the mental body and so on up to the seventh energy body. But, there is evidence that the ancient hierophants knew of the existence of several more energy bodies or shells, of which the present-day exoteric and other schools tell us nothing. The final energy body, still unknown to humanity today, is the shell through which each person has direct contact with what people call "God" or the "Source" of everything, all knowledge and energy. Through that shell we have a link to all of the world around us, as we are part of the Great Creative Principle. Since we possess that shell, we are all, in a way, sources of energy.

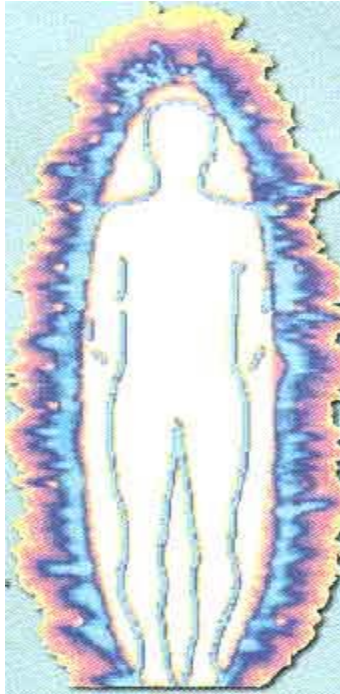


When we hold the Cylinders of the Pharaoh in our hands under the influence of the human biological field through the projection of the corresponding energetic centers, located in the palms, they begin to activate the 6th and 7th chakra, or more precisely the 6th and 7th energy shells. On the physical plane there is stimulation of the hypothalamus and hypophysis as they are projections of those energy centers in the physical human body. Activation of these centers leads to activation of the last energy shell, that is as yet unknown to mankind, and the organism begins to receive energy directly from the "Source". The incoming energy forms an energy cocoon around the person's body, correcting all his or her energy structure and having a beneficial effect on the whole organism. And the impulses passing through the hypothalamus and hypophysis switch on the processes of regeneration and self-healing.

The existence of potential difference between the cylinders *transfers* the organism to a *higher* energetic state. Activating such restorative processes as harmonization of the whole organism more deeply and quickly. This effect is obtained by a combination of galvanotherapy, metalotherapy and the presence of weak physical fields created by the fillings of the cylinders having a therapeutic effect on the organism through the bio-active points of palms.

There is no doubt that every living creature is surrounded by material energetic shields. This has been proven with Kirlian photography and observed by many people in the world able to see the human aura and make diagnostics with its help. The aura is only one of a living creature's bio-field displays. This field is just like one's body yet much more delicate and subtle.

Humans have energetic centers, "in touch" with the environment. energetic whirlwinds or funnels. space, earth, water, air, sunrays, "chakras" into the physical body first-hand conductors of the energetic structure, then system. The chakra system is body and is a sort of endocrine



"chakras", that allow them to "be Chakras can be imagined as The transformed energy of etc., can enter through the of a person. Chakras, being the energy processed in the transmit it to the endocrine connected with our physical system projection.

The basic energetic centers, endocrine system, also have chakra has its projection on the feet, etc. It's also known that a itself as a peculiar power plant. hands, a person polarizes the same time, when we hold the 6th and 7th chakras under the through the projections of specific energetic centers situated on the palms. Hypothalamus and hypophysis are stimulated, as they serve as projections of these energetic centers within the human physical body. The activation of these centers causes the energetic shield to be activated and the organism begins to receive the energy. The incoming energy and the piezoelectricity, generated by the crystal filling, create an energetic cocoon around the person's body. This cocoon corrects one's energetic structure. Vibrating with the frequency "given" by the hypothalamus and hypophysis, it positively affects the organism as a whole. Impulses passing through the hypothalamus and hypophysis include the processes of regenerating and self-improving one's health.

The Rods' process of influence is the following: By way of the piezoelectrical effect stimulating the 6th and the 7th chakras, the Rods act upon the Central Nervous System ("CNS"). The CNS sends impulses to the Endocrine System and from the Endocrine System they flow to the organs of internal secretion and on to the organs. An inverse reaction consists of the following steps: 1. from the Endocrine System to CNS. 2. from the organs to CNS. Thus, the CNS receives the information from the Endocrine System and internal organs about their secretion condition and about any disorders of internal organs. Having received this information, the CNS sends these signals to the hypothalamus and hypophysis, which, in turn, activate the functions of regeneration (provided that these functions are not suppressed in the organism). In the case of a depressed regeneration function, the energetic cocoon generated by the Rods and vibrating with the frequency "given" by hypothalamus and hypophysis, acts like an amplifier that transmits the blocked signal and stimulates the activity of the regenerating function.



What can be achieved with the help of the Rods:

- "...restore the energetic potential completely and keep it day and night during 24 hours"-
Count Walewski
- stimulate the endocrine, immune and nervous systems, thus creating the prerequisites for their further improvement.
- harmonize the two main energetic streams *Yin and Yang* according to eastern traditions.
- harmonize energo-information human field.

As a result of their influence, one may be cured of diseases resistant to traditional methods. Deep mechanisms, stimulating not only the particular organ but the entire organism are involved.

The Rods and the Pyramid are a single and inseparable entity. Together, they represent a technology of the 21st century which will allow us to improve our mental and physical abilities greatly. The Egyptian Rods are obviously conditioned in the Pyramid. With regular exercises of auto-training and self-development using the Rods, one's energy and blood flow improves, mind becomes clearer and psychic becomes more balanced. Also, a thicker energetic bio-field, that repels negative energy, is created around the body. Thus, protective functions of the organism improve, the body becomes stronger and diseases are cured.

The energy of the organism, being supplied by the Cosmic energies, begins circulating through the channels more intensively.

These flows favor the channels' purification and curing of diseases.

When all disease is removed and the exercises continue, some hidden functions will be discovered together with a preventing effect. E.g., vision, hearing, sense of smell, general sensitivity, intuition will be improved. Such super abilities, as telepathy, clairvoyance, connection with different information channels may be displayed, being supplied by subtler energies.

For whom the Rods can be useful:



As a result of the rods influence on a human organism, the general energetic level increases. The bio-energy redistributes itself between the organs and systems more harmonically, and pathological misbalance is removed. Protective functions are activated and the organism is shifted to a state where it is much easier for it to cope with any problems. Thus, the people suffering from different diseases can consider the Rods as their powerful helper in their struggle for health. Besides, the Rods help with insomnia, headaches, hypertension, stresses, and thus may help avoid using chemical remedies.

People of intensive physical or intellectual labor (doctors, teachers, police, businessmen, social workers, students, sportsmen, etc.) often get rather tired by the end of the day and need some additional remedies for a rest and restoration. Here the Rods are really indispensable. The Rods can also be recommended for the people with transcontinental syndrome, whose business is connected with often flights from one time zone to another (pilots, sportsmen, tourists, long-distance drivers, etc.), when asynchronous modes of internal and external organism work cause headache and weakness. Artists note the improving of their creative abilities as a result of the Rods' influence.

Some families experience the problems of misunderstanding and disharmony in interrelations, living in such a complicated modern world. One reason for misunderstanding is the difference between the energy levels of the partners. A pair way of using the Rods allows them to equal their energy levels and find understanding, that, in its turn, allows the existing problems to be solved in a constructive way.

It is really hard to overestimate the usefulness of the Rods for those, practicing self-development, purification of the organism, medicinal fasting, winter-swimming, healing, Tsigun, Yoga, inner styles of orient single combats. Using of the Rods improves the effect of such practices greatly and allows to become a success in much shorter time.

The Rods are recommended for people, who anticipate additional stress. By using the Rods, the organism's resistance greatly improves.



The Power of the Egyptian Healing Rods

Cylinders with the correct filling have an astonishing quality - they can actually attune themselves to a person, adjusting to the rhythm that the organism needs at that particular time of the day or night. The cylinders can be used any time of day. They tune into the organism, to the energy channel that is open, and work with it.

Time limits for working with the cylinders:

- At first The magnetic Rods-KONT can be applied for not more than 7-15 minutes.
- The time for working with the Rods-QUARTZ can be longer, depending on your condition.
- Consultation with a specialist will help you to chose the right dimensions and fillings, based on your physical data.

The size of the cylinders can vary depending on your personal goal or medical problem. Cylinders 146mm long were intended to work in conjunction with the pyramids, however, if you need to stop some negative process in the organism and a powerful impulse is needed, then the larger cylinders can be used.

If certain conditions are observed and a systematic approach taken, the cylinders not only correct, but can also improve your energy and immune systems. These results require systematic daily work founded on a precise understanding of what the Wands of Horus are, the principle by which they function, knowledge of the elements making up the complex (a vital part of which is interaction with natural energy sources), knowledge of human cycles and those of the Earth and also a clear idea of your intentions.

The cylinders are not a panacea from all illnesses, their purpose is somewhat different. Nevertheless, it is worth repeating that the greater part of our illnesses begin with the disharmony of two fundamental flows of energy - the BA and KA or Yin and Yang. Daily work with the cylinders (for no less than an hour) has a beneficial effect in cases of:

- over-agitation and nervous disorders
- problems with arterial pressure
- vegeto-vascular disorders
- normalize the functioning of the heart in cases of arrhythmia and neuroses
- improve circulatory processes, with a beneficial effect on blood vessels
- each pain in the joints in cases of arthritis and gout
- cardio-vascular diseases
- neurotrophic disorders
- diseases of excretory system;
- insomnia, and also as the anti-stress remedy and guarding against arteriosclerosis



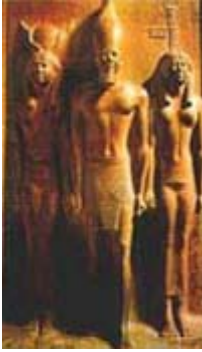
Basic Method of Use:

- The Sun (copper, gold) Rods must be held in the right hand only, and the Moon (zinc, silver) Rod in the left hand, but never vice versa
- Face the Sun when working with the Rods
- It is recommended to remove all metal objects (jewelry, watches, etc.) while working with the cylinders.

The basic (individual) way of using the Rods:

- Squeeze the Rods in your hands tightly (approximately 1 minute, then hold easily), straighten the arms along the body, face the Sun, advance the left leg a half-step.
- You may sit or stand, when working with the Rods.
- Forget all your thoughts or concentrate them on the Sun, which gives light and life to every living creature. Smile with happiness, relax your muscles, lower the shoulders, relax facial muscles and keep the smile inside yourself.
- Stay in this pose - initially, not more than 18 minutes for the Rods-KONT, depending on one's condition. The time limits for using the Rods-QUARTZ can be longer, depending on one's condition. The time limits for using the Rods-CRYSTAL are from 9 to 18 minutes.

●For maximum benefit, it would be best to lie down and relax immediately after working with the Rods, thus promoting a deeper energetic conditioning and health-improving effect. Falling asleep would be best, for it is sleep and relaxation which help the organism to transform the received energy. Upon awakening, you will feel the renewed energy.



The aiming (pair) way of using the Rods:

This method is used for restoration of mutual understanding, harmonization of relationship energies and strengthening family ties. Follow the basic guidelines above and then share one set of Rods by joining hands and holding the Rods in the free hands. The female should take the Sun Rod in the right hand; the male should take the Moon Rod in the left hand. The research proves that energy flows between the couple, flowing from the stronger person to weaker, without any loss to the stronger one.

Some factors, improving the efficiency of the Rods' influence:

- Stand barefoot on the ground when working with the Rods (but only if the weather is windless)
- Work with the Rods in an ecologically pure environment
- Avoid excesses of food, sleep and emotional amusements

For maximum effect, we recommend working according to the instructions, written in the [manuscript](#) by Count Walewski.



Common Feelings Experienced

Analyzing the sensations reported by those who have tried the Rods for a length of time, it is possible to distinguish three basic groups:

Those feeling nothing. Typically the absence of any feelings indicates that an organism is rather "polluted". In such cases a purification diet is recommended to clear the energy channels.

One of the most suitable diets, after factoring into consideration the individual peculiarities of any person, is the vegetarian diet. Eating only fruit and vegetables for 48 hours a week will help cleanse the organism. Scientific research has proven that the influence of the Ancient Egyptians' Rods on those holding them does not depend on the feelings experienced by these people. However, the efficiency of the Rods does depend on the level of an organism "pollution". It was for this reason that the Ancient Egyptians applied different diets and various fasts when being prepared for initiation ("Communication with the Gods").

Those having weak feelings. This group includes the bulk of those surveyed. They experience either a warmth or coolness, a pulsation in the hands, a slight prickling, sometimes an increase in pulse-rate, very occasionally dizziness.

Those having strong feelings. This small group includes people who felt "flows" or "waterfalls" of energy washing over their bodies inside and out. Some feel an irresistible upward urge, as if their whole bodies were trying to take off. This is accompanied by an unusual feeling of lightness and an elevated mood. We should point out that, although these three main categories do exist, the range and strength of sensations can fluctuate. This is due to the energy cycles of the Earth and the individual. There will be days when, for objective reasons of a cosmic nature, your energy system will be insufficiently active and therefore the sensations will be weak or absent altogether, although you have become used to feeling the effect of the Rods. A tendency to have "visions" while using the Rods suggests an inclination towards psychological illness. We do not recommend using the Rods in such cases. It does not make sense to view the Rods only as a treatment for one disease or another. The Rods are above all a prophylactic device. They help balance deviations from the norm and thus prompt a significant improvement in many conditions. First and foremost though, the Rods are a tool for "attainment", allowing you to achieve a step-by-step evolution of your capacities.

Those feeling the Rods at some higher level.



There are a few who are inspired by something sublime, and possess great experience of inner spiritual emotions. However, sometimes they are unable to describe their feelings which may be accompanied by bright, colorful or rapid visions. Or an experience of peace and rest occupy their inner world. They have unusual dreams. Nearly all of the representatives of this group tell about some inner experience gained when communicating with the Rods that is hard to define. This group of feelings includes "burning pain" near a head crown or "the third eye".

Those, who are weaker or having health troubles, usually feel a stronger Rods' influence. This effect can be explained by a fact, that the activated energy flows attack pathologically blocked channels, causing reactions experienced rather strong. Healthy people have their channels' capacity normal, and the energy, activated by the Rods' influence flows smoothly and fluently. Thus, healthy people may feel the Rods' influence a bit less at first. The case is that feelings of an ordinary modern man are so weakly developed, that one can feel inner disorders only at the level of pain, when the organism cries "SOS". However, in a month or two of regular exercises with the Rods the sensitivity can be improved enough to feel the inner energy flows, and then to discover disorders in advance, when they are easy to cure. But having once started the exercises and feeling no result, some people become disappointed and stop exercising. So it is important to know and take into consideration, that the exercises have different efficiency during different periods of time.

It was known long ago, that influences of the "male" energy, Yang, and "female" energy, Yin, alternated with each other every two hours. Thus, because of the fact, said, the hours are called Yin and Yang-hours. The energy during the Yang-hours is considered to be live, and during the Yin-hours dead. So, the exercises, done during the four Yang periods, are much more efficient: the hours from 23 to 1, from 11 to 13, from 5 to 7 and from 17 to 19. Moreover, the exercises, done between 23 and 1 a.m. are considered to be the most efficient.

It is also extremely important to take into consideration one's own bio-rhythms, when practicing with the Rods. As it is known, the physical, emotional and intellectual bio-rhythms have different periods that are 23, 28, and 33 days. Starting phases of these rhythms coincide with the moment of a person's birth. Each period of these three rhythms can be divided into two equal parts: the first part is called "positive half-period", and the second the "negative half-period". When in the "positive half-period" we feel physical, emotional and intellectual enthusiasm until a critical point is reached. After that, the "negative half-period" or a breakdown begins. You will feel the Rods' influence much better, when your physical, emotional and intellectual functions are mainly in the "negative half-period". But any attempts to learn the concentration on the colour vibrations of different body parts should be done when all of the three rhythms are in the "positive half-period". In such a case the exercises will be more successful.

You may also experience the following feelings:

- When there is a sharp change in atmospheric pressure, stresses and physical some people may experience some unusual feelings, while working with the Rods. These feelings can appear during the first several minutes of working. Then everything becomes normal.

- Electrified people can feel a kind of overexcitement. In such a case one should have a cool shower before working with the Rods or after the feeling of overexcitement has appeared.
- Different negative feelings may appear when working with the Rods, if a person has his particular energetic channels blocked or has dystrophic decompensations. In such a case a correction diet or purification is necessary.

Particular attention should be given to a condition of your spinal column. Taking into consideration, that the spinal column is functionally connected with a human energetic structure, it is important to remember, that the condition of the whole range of organs and life-support systems depends on the spinal column condition. Additionally, your sensitivity and receptivity depend on it. Osteochondrosis blocks the whole energy exchange system of an organism. One of the symptoms indicating this is the temperature of your hands and feet. If you have cold hands and feet, that means that the main energetic column (spinal) is blocked. It is this occurrence that may prevent one from feeling anything when working with the Rods. In some cases, those suffering from osteochondrosis may experience sharp unpleasant feelings. Thus we suggest you paying special attention to the condition of your spinal column.

Some unpleasant feelings may be experienced by people, having serious troubles with a bilateral symmetry. Here are a few words about the bilateral symmetry. In the organism of a normal man the energetic channels' knots, which pierce through the body, must be accurately attached with the acupuncture points. Serious diseases such as cancer, Bekhterev disease and some more cause the displacement of the knots. But this is not the single reason of displacement. The reasons may be hidden in human's genetics or in process of appearing of different health divergences. So in some cases of bilateral asymmetry the according correction is necessary. This correction must be conducted by a specialist.



Medical Recommendations

A study of the effectiveness of the Rods was carried out in April 1993 and December 1995. Using modern equipment and the most advanced methods, a group of medical scientists from the Dzhanelidze First Aid Scientific Research Institute, St Petersburg, led by Dr. M.A. Nikulin, that were put forward for the Nobel Prize in 1990. A computer monitor displayed the data received from the

points indicated the current internal organs' condition. The information was taken from the bio-active palm zones with the help of diagnostic methods. There were three stripes on the monitor: green - "organs' condition in order", red and blue - "disorder". For sure, everybody has their own particular dispersedness of these points: some of them are in the green zone, another outside it, thus it shows, that all of us have their disorders. Some minutes later, people, holding the cylinders, experienced a little miracle: all of the points started to move towards the green zone.

"...During the first few minutes people under test, holding the cylinders, experience a powerful pulse wave from the left side to the right one. A sensation of the vessels filling with blood is registered that has been named "the vascular stage" by researchers. Infrared radiation increases from the right upper limb, and then the thermal field at the limbs evens out. Together with these changes in the subject's organism, a general rise in activity is observed, accompanied by an 8-10 beats per minute increase in pulse-rate. By the second minute a warming of the cervico-thoracic section of the spinal column with increased infrared radiation was observed. It follows, then, that the whole of the vegetative nervous system is drawn into the process, and there is an energetic activation of the tissues of both the upper limbs, and the body as a whole. As a consequence the headache is alleviated and blood pressure tends towards the norm." -from the experimental record.

Dr M.A. Nikulin concluded the following: *"When any pathologies within a human body are detected we observe a thermal asymmetry between the ill and healthy parts of the body. Held in hands, the cylinders equalize this thermal asymmetry, thus showing their therapeutic effect."*

The cylindrical Rods can be recommended for people suffering from:

- cardio-vascular diseases.*
- early phase hypertension.*
- neurotrophic disorders.*
- diseases of the excretory systems.*
- insomnia (and also as a means stress reduction & arteriosclerosis prevention).*

When carrying out a number of targeting experiments, Dr. M.A. Blank, specialist of the Oncological Center in Pesochny, discovered that the influence of the Rods creates a special condition in the organism making it more efficient at self-healing. According to the researches' conclusions the cylinders' influence "transfers" the organism to such a harmonized state, when it is much easier for it to cope up with all the troubles within. *"There is a parameter that characterizes the functioning of cells - the respiratory waves of cells. Oncological condition of the organism suppresses those respiratory waves, but the cylinders, on the contrary, improve that parameter. But cancer is an extremely serious "citadel"; you won't seize it with such gentle means. Perhaps, it is worth using like a preventive measure, but this conclusion requires additional researches. One thing is clear: where cancer makes things bad, the cylinders try to make them a little better."* Dr. Blank suggests that the Rods be recommended as a preventive remedy for people with transcontinental syndrome, whose business is connected with flights from one time zone to another (pilots, sportsmen, tourists, long-distance drivers, etc.) and when asynchronous modes of internal and external organism work causes headache and weakness.

The research, carried out in June 2000 by Polish bio-energetic doctors under the leadership of Marek Stavisky, showed that: "A surface of the zinc Rod radiates the ultraviolet spectrum. I use this spectrum for splitting the structures of malignant tumors and for freezing their activity. Another spectrum, that appears on the butt-end of the zinc Rod, is used for radiating the malignant tumors before operating." His studies show that the radiation provided only by the single zinc Rod can be successfully used for treating cancer. The set of the Rods-QUARTZ used in pair, provides the radiation that is effective for curing and for use by ill people for self-immune therapy. The complex research carried out by the International Shaping Federation in March-June 2000 discovered that the Rods can be effectively used for quick reduction of physical and nervous tension and physical and spiritual power recovery after working or training hard.

Daily work with the Rods has a beneficial effect in cases of:

- *over-agitation and nervous disorders.*
- *problems with arterial pressure.*
- *vegeto-vascular disorders.*
- *normalize the functioning of the heart in cases of arrhythmia and neuroses.*
- *improve circulatory processes, with a beneficial effect on blood vessels.*
- *each pain in the joints in cases of arthritis and gout.*

Purification of the human bio-field, increasing in size, purification of energy-channels and increase of chakra functioning all indicate an increase in the vitality of the human physical body.

Note: The statements regarding these products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. The information herein is designed for educational purposes only. It is not intended to be a substitute for informed medical advice or care. You should not use this information to diagnose or treat any health problems or illnesses without consulting your physician. Please consult a doctor with any questions or concerns you might have regarding your condition. Informational material and representations have been provided by the manufacturers of the products.



Professional Investigations of
the Healing Rods

The view of Bio-physicians:

The existence of a potential difference between the Rods "transfers" the organism to a "higher" energetic state, activating the restorative processes as harmonization of the whole organism much deeper and makes them proceed faster. This effect is obtained by a combination of galvanotherapy, metallotherapy and the presence of weak physical fields created by the fillings of the cylinders that have a therapeutic effect on the organism through the bio-active points of palms.

The view of Physicians:

"...When warming the Rods, filled with special fillings, in one's hands, there will appear thermal electricity. The flowing of current will be accompanied by phase transitions, followed by absorption or apportionment of high frequency energy of specific configuration. A character of radiation depends not only on composition of a Rods' case and peculiarity of a filling, but also on electrical and magnetic fields in an environment and on aura's field structure of a person, who uses the Rods. But this is the radiation, that can affect a person's condition and functional processes within his organism. Now we possess a great deal of experimental information, proving a positive influence on a human organism of a particularly structured radiation that appears in such a non-uniform environment with specific structure of the filling... And now we can only be amazed by the knowledge of Ancient Egypt." - *Prof. A. Smirnov, physician.*



Professor Dulnev of the Institute of Precise Mechanics and Optics, who, like the doctors, studied the effect of the Rods using special apparatus, ascertained an increase in flows of heat from the surface of the skin. This fact points to the operation of extremely subtle types (flows) of energy unknown to us. It is these that the Rods read, entering into resonance with them. The Rods can be considered as a kind of, so-called, *spinor generators*.

According to an existing theory, natural spinor fields, that are possessed by every material object of organic and inorganic nature, can be hardly discovered because of their rather small size, but can be strengthened by objects in the shape of pyramids, cones or cylinders. The Rods themselves can be considered as the active spinor generators, because the interaction of the Moon and the Sun Rods and their mineral fillings with a human organism creates the spinor fields of great tension.

The scientists of the Material Research Institute of Ukraine have come to a following conclusion, as a result of the researches of different spinor generators: a range of abilities and possibilities, showed by mediums, can be naturally explained with the help of the Spinor Fields Theory. However, some of those abilities, and even something beyond them can be achieved with the help of spinor fields' generators. With these generators one may actively affect the organic objects at a level of cells, and the regulating systems and the whole organism of a human or animal. -"Spinor Fields of Far Action. Physical Models" Kiev, 1989

The view of Doctors:

Dr M.A. Nikulin, a senior research worker at the Dzhanelidze First Aid Scientific Research Institute in St Petersburg, concluded the following after some medical



investigations of the Egyptian's Rods influence on the human organism were carried out: *"When any pathologies within a human body are detected we observe a thermal asymmetry between the ill and healthy parts of the body. Held in hands, the Rods equalize this thermal asymmetry, thus showing their therapeutic effect."*

Researching the Rods at the International Shaping Federation, Professor E. Zimin of Shaping College provides the following conclusion: "The investigation of different types of the Rods did show, that the Rods, when contacting the human hands, causes a flow of high frequency energy, affecting a person's bio-field. As a result of this influence, a bio-field purification from foreign field inclusions takes place, as well as purification of energy channels. The efficiency of chakras' functioning, size of the person's bio-field and energy of human's physical body increase also.

Some interesting results were obtained in the investigations carried out by Dr M.A. Blank, a leading specialist of the Central Scientific Research Institute for Roentgenology and Radiology at the Oncological Center in Pesochny outside St Petersburg. Dr Blank made the following comment: *"There is a parameter that characterizes the functioning of cells - the respiratory waves of cells. Oncological condition of the organism suppresses those respiratory waves, but the Rods, on the contrary, improve that parameter. But cancer is an extremely serious "citadel"; you won't seize it with such gentle means. Perhaps, it is worth using like a preventive measure, but this conclusion requires additional research. One thing is clear: where cancer makes things bad, the Rods try to make them a little better."*

A polish bio-energetic therapist, *Marek Stavisky*, who has great experience working with cancer patients, has investigated the colour spectrum radiated by the Rods-QUARTZ. *"... This radiation can be successfully used when working with cancer diseased people, as well as for curing practice and for self immune therapy."*



A number of targeting experiments carried out by Professor K.G. Korotkov of Colombo University using the Kirlian diagnostic method indicated that clearer information on the indications of illness was obtained from people holding the cylinders. In other words, in some instances the Rods significantly increase the accuracy of diagnosis. Also it was proved, that when using all the three types of the Rods one can harmonize energo-information field of a human. A single impulse, provided by the Wands, can

be considered as an equal to the influence of a powerful hypnotist on a human organism's energetic balance - energetic disorders disappear, evenly distributed energetic shield is created.

Also the condition of human organs before and after the using of the Rods was tested. Some diagrams, concerning a condition of the different organs, were investigated with the help of a Kirlian-diagnostic Method. Just as usually, some readings were in Green zone, that meant Ok, and some - in Red zone, that meant disorder. It was discovered, that when using the Rods all the readings began moving from Red to Green zone; and different types of the Wands affected differently each particular person. Some one preferred the Rods-KONT, some one - the Rods-

QUARTZ. For energetically powerful people the Rods-CRYSTAL did. All those fact proved, that while selecting the appropriate type of the Rods, an individual method of approach is necessary.

The view of Para-psychologists:

Vadim Polyakov, a Candidate of Science and President of the Applied Parapsychology Association, said the following: *"I have been working with the metals and minerals for years, but this is the best I have ever held in my hands."* He supposes, that when a person takes the Rods into his hands, a powerful energetic flow penetrates into his body. The phenomena is exceptionally interesting. It is nearly the same as an "energetic charging" of Philippine surgeons before an operation. In Polyakov's opinion, one may shift the Rods' position in the hands, and the energetic field created by the Rods, changes direction. The field said, represented itself a spherical egg shape, is protective and healing at the same time. Working with the Rods, it is highly recommended to choose the most comfortable position. It is a guarantee of the positive Rods' influence, and the time of working is not too long: not more than 10-12 minutes, as one should activate the energy by small portions. According to Polyakov's statement "these cylinders are extremely useful".

The views of Specialists in Tsigun, Yoga and other Bio-Energetic Practices:

...are nearly the same. The influence of the Rods increases the movement of "Chi" ("prana") in the energy meridians or canals. Due to increased movement of Chi, canals "furred up" by disorders are actively cleansed and a healthy energy balance between the organs is restored. This increased movement of Chi causes a pricking sensation or numbness in the tips of the fingers and a pulsation in the center of the palms and soles. The process of clearing blockages may also cause a fairly wide range of sensations. Most commonly occurring are: a vibration, pressure or bursting in certain parts of the body to the point of a tolerable and rapidly passing pain, a ringing in the ears and a slight dizziness. As the energy balance is restored these sensations disappear. Regular use of the Egyptian Rods while observing a number of rules in daily life, strengthens and reinforces one's energetic potential. Enabling one to establish contact with higher forms of intelligence and to manifest other superior capabilities associated with a healthy and morally pure human being.



The view of Astro-psychologists: "...even the Rods' influence of short duration (about 5 mins) on human's psycho-physical fields and energetic structure stimulates the concentration of attention on inner images created by it, enforcing a trance and meditative effect. While a hypnotist may require months of trainings to reach the necessary concentration of attention, using the Rods-QUARTZ the training time decreases greatly, and the effect realized is much higher than that one reached by ordinary methods.

Moreover, it is a rule of thumb, that using the Rods-QUARTZ both cerebral hemispheres become synchronized, and the potentials of the left and right hemispheres' cortex equalize.

The effect of deeper and softer immersion into a meditative state in accordance with Theta-rhythms can be reached. A resembling effect can be achieved another way, e.g., by creating a binaural wave when using the sound, heard through headphones. However, the Rods-QUARTZ have a softer affect on the energetic field of a human, and, furthermore, have prolonged action. The human's energetic field "records" the rhythms which appeared during the work session, and keep them for a period of 24-72 hours".

-Irina and Michael Kosh, Astro-Psychologists, Moscow.

Note: It should be stressed, that the Electro-Encephalogram showings of a person, who improved his psychical abilities by means of various meditative and psycho-physical exercises, differs greatly from those of the average person, who improves his abilities in no way. The difference detected manifests itself in stability of Alpha-rhythms and in the level and amplitude of Beta-activity. It means, that a trained person has better showings.

The Rods improves these showing after working with them for 5 minutes. In other words, the Rods influence actively on the cerebral hemispheres, bringing them into special harmonized condition, that allows one to get deeper positive effect..

And not only does the stability of the result received depend on individual peculiarities of a particular person, but also it depends on the frequency and duration of the work with the Rods. Regular exercises with them give more stable result, to be sure.

